



January News

Emotional Coaching

Our staff has recently completed four CPD sessions in Emotional Coaching with NEPS. This training has been extremely worthwhile, equipping us with valuable tools to better support our students' emotional well-being. We highly recommend watching the following two videos to learn more about how Emotional Coaching works -

1. Emotion Dismissing:

<https://www.youtube.com/watch?v=F8XuPU75Cg0&t=82s>

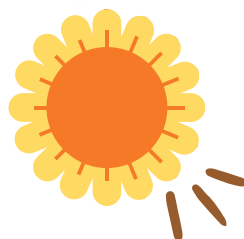
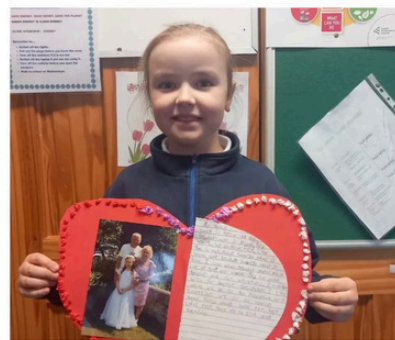
2. Emotion Coaching:

<https://www.youtube.com/watch?v=W7THt5xOESY>



Grandparents Day

It was a pleasure to welcome our grandparents to the school and share the wonderful activities our students are involved in! Thank you all for attending and for sharing your own school memories with us. We truly enjoyed hearing about your time in school.





January 2025



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Hot Meals

We are still waiting to find out when we will receive funding for hot meals, we are hoping to hear in April and will update you as soon as we know. Thank you.

Class Photos

Class photos will be on the 5th February. We ask that children please wear uniform for this if possible please.

Dates

Feb 3rd - School Closed St Brigid's Day

Feb 17th - 21st - School Closed Mid Term



New Morning Routine

We're pleased to inform you that our new morning routine is running smoothly. Thank you for your continued support.

Moving forward, we will be using just one entrance to the school, the gate closest to the church. This measure is in place to help ensure the health and safety of our school community, allowing our staff to more effectively monitor who is entering the grounds.

Feelgood Fortnight|!

The new year kicked off to a fantastic start at school with every class celebrating Feelgood Fortnight. The children participated in a variety of activities focused on wellbeing, self-confidence, growth mindset, and happiness!

